



**Trumbull County Wellness Committee  
Meeting Summary  
Thursday, August 12, 2021**

The Trumbull County Wellness Committee met on Thursday, August 12, 2021, at the Conference Room at the Administration Building. Those in attendance included:

Jenna Amerine, TCCHD, Chairperson  
Mitzi Sabella, Planning Commission  
Steve Charles, Human Resources  
Kelly Clarke, Trumbull County Commissioners  
Barb Vingle, Clerk of Courts  
Angie Mackey, UHC

Chairperson, Jenna Amerine, called the meeting to order at 3:00 p.m.

**I. Old Business**

Jenna Amerine spoke about the following:

- Promoting Real Appeal – host incentive drawing for those still engaged in real appeals from beginning of January – still awaiting the list to have drawing.
- Host incentive drawing for those who completed at least 1 mission by end of June for \$25 – awaiting the list to have drawing.
- Did a virtual 5K in July to August – Jenna is going to tally everything up and get \$15 gift cards to everyone who completed the 5K
- Kelly suggested doing something like the Olympics with metals; maybe do during the Winter Olympics
- Cancelled having a Fun & Wellness Day and offer Yoga for 2 hours during lunch on August 19<sup>th</sup>. Jenna was not able to find a Yoga instructor.
- Red Cross Blood Drive is at Warren SCOPE on August 19<sup>th</sup> from 9 a.m. to 3 p.m.

**New Business**

- Discussed doing a step challenge in October. Barb willing to track.
- Discussed doing a weight loss challenge in January – do a survey in December to find out if people are interested in it.

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**II. Adjournment**

Next meeting will be on Thursday, September 9, 2021, at 3:00 p.m

There being no further business, the meeting was adjourned at 3:45 p.m.

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